

Steal Away... Time to Just Be

**Young Adult Conference
March 6, 2010**

Featuring Keynote Speaker Val Limar Jansen

A regarded singer, cantor and recording artist, known especially for her work with gospel, contemporary Christian, and gospel-jazz styles. She attends many pastoral and liturgical conferences throughout the country. She has collaborated with some of the best-known musicians in Catholic music, including Jamie Cortez, Bobby Fisher, and many others.



**St. Augustine Catholic Church
315 East Chestnut Street
Jeffersonville, IN 47130
10:00am - 5:00pm**

Schedule:

10:00.....Registration
10:30.....Opening / Prayer
10:45 - 12:00.....Keynote - Val Limar Jansen
12:00 - 12:45.....Lunch
12:45 - 1:30.....Breakout Session
1:45 - 2:35.....Keynote - Val Limar Jansen
2:45 - 3:45.....Ways to Nurture Spirituality
Round Tables
3:45.....Thank You's & Evaluations
4:00.....Liturgy
5:00.....Program Concludes

Admission:

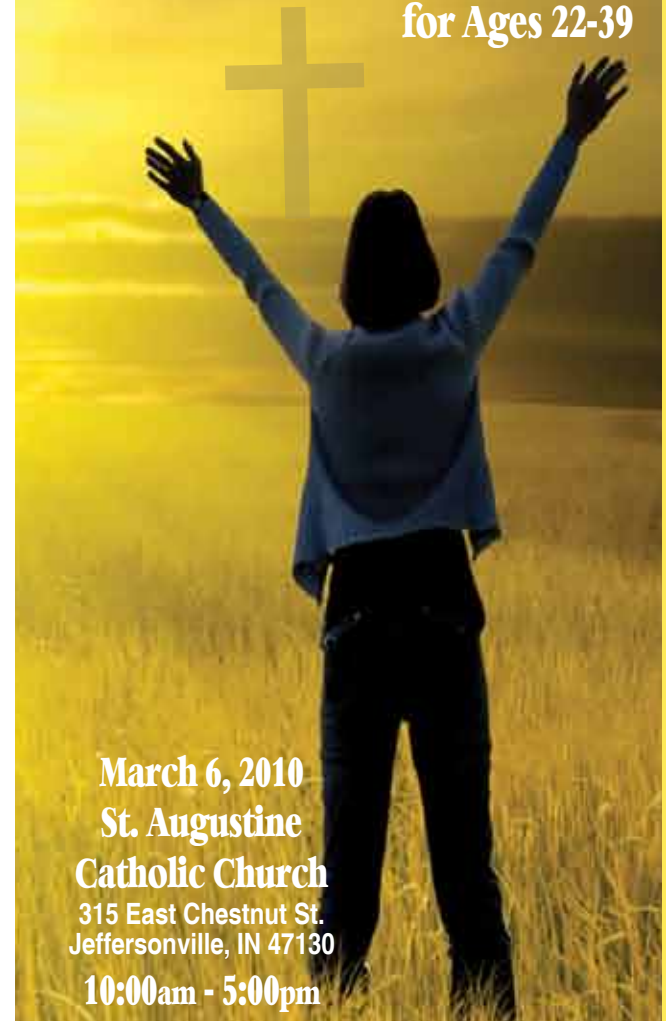
**\$20 before March 3, 2010
\$25 at the door**

For More Info:

**Call: (812) 945 - 2000
www.nadyouth.org**

Steal Away... Time to Just Be

**Young Adult
Conference
for Ages 22-39**



**March 6, 2010
St. Augustine
Catholic Church
315 East Chestnut St.
Jeffersonville, IN 47130
10:00am - 5:00pm**

**A gathering for Catholic young adults to
reconnect with friends and Christ**

Sponsored by the New Albany Deanery Catholic Youth Ministries

Steal Away... Time to Just Be

Breakout Sessions 12:45pm - 1:30pm

Being Fit for Life

Come share in the wisdom that 30 plus years of coaching football at various levels brings... What Pete has shared on the football field he has also shared and applied to other aspects of his life – his marriage, raising his kids, colleagues and friends of faith... For success off the field, be sure to check this one out!

Presenter: Pete Corrao

Just Say No to Beg, Borrow or Steal

It's never too soon to build a solid financial foundation. This session covers a biblical approach to finances, utilizing Dave Ramsey's, Financial Peace, a practical and proven method of financial management.

Presenter: Fr. Tom Clegg

Do You Need Time to Just Be?

Are you in need of time to just be? Do you find yourself running all the time, eating out most meals and find things just seem cluttered or unorganized? Sometimes a night in can be a good thing... slow down and spend time with the family.

Presenter: Jeff Jenkins

Fitness, Faith and Fortitude

In the midst of adversity it's not always easy to rise about the darkness. Learn how to leave the victim behind and become the victor as Denise shares the invaluable lessons she and her daughter Jonnae learned through a surprising teacher... leukemia.

Presenter: Denise Taylor

Ready to Take on the World

Out of college and into the work force... how do you balance it all and stay on track and focused in setting your priorities so that your professional and personal life is reflective of the journey God has called you on.

Presenter: Joe Pedersen

Professionalism: Commitment to Success

Success in the business world takes commitment, dedication and above all, staying true to yourself and values. Diane Fischer transformed a home-based business into a thriving company of 110 employees today. Learn how to stay positive and productive in the business world while overcoming obstacles.

Presenter: Diane Fischer

To Make a Friend, You Gotta Be a Friend

Building and maintaining relationships in your life is something we all experience as young adults. This session will explore the dynamics of healthy friendships and relationships –so that they last a lifetime.

Presenter: Fr. Rick Nagel

Spirituality Round Tables 2:45pm - 3:45pm

Do you find it a struggle to steal away time to nurture your spiritual life? It's like you want that quality prayer time, you want to attend that retreat, workshop or presentation but then you look up and registration was due three days ago? Maybe it's more about discovering ways to integrate prayer and spirituality in your everyday life. These Round Tables will give you a chance to sit in on 3 different topics of your choice which we hope will bail you out and set your course on the right track!

Here's some of our Spirituality Round Table topics for the day... Punctuating Your Day with Prayer, Reflecting on your Day – the Ignatian Way, Connecting with God through Sacramentals, What's the Word? Finding faith in scripture, I've Got the Music in Me – contemplative music, KISS – Keep It Simple Silly – the Spirituality of Simplicity, The Book Club – Oprah's got nothing on the NADCYM Book Club, I'd Better Write That Down – journaling, words to live by, Struggles & Doubts of the YA Faith Life, Physically Fit = Spiritually Fit – you bet it does! and more...

Registration Form

First Name _____

Last Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

Cell _____

Email Address _____

Home Parish _____

City _____ State _____

Make check payable to: Catholic Youth Ministries
Please send payment to:

New Albany Deanery Catholic Youth Ministries
707 Providence Way Side
Clarksville, IN 47129

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