

# LOVE IS

To help you gain an understanding of your and your future spouse's ideas about love, read the following statements and complete the activities described at the bottom of this page.

1. Love is looking into my future spouse's eyes, experiencing the communion of oneness.
2. Love is never having to say I'm sorry.
3. Love is a tender touch and a gentle smile that says, "Yes I understand."
4. Love is not so much an emotion, but a decision.
5. Love is the rush of falling for another that calls me away from my daily concerns.
6. Love is not so much gazing into each other's eyes as it is looking in the same direction.
7. Love is patient, kind, not boastful or proud. Love endures all.
8. Love is total self giving.
9. Love knows no limits.
10. Love is best nurtured over time.
11. Love is caring a little more about another than about yourself.
12. Love is spiritual quality that we prayerfully acquire with maturity.
13. Love is the most needed but less understood quality in human relationships.
14. Love for a woman means something different than for a man.
15. Love is the essential ingredient for a successful marriage.
16. Love is too often spoken about but too little demonstrated.

A. Note here which three statements above most describe what love means to you. Discuss them with your fiancée.

---

---

B. Note here which two statements above least describe what love means to you. Discuss them with your future spouse.

---

---

C. List five statements from the above that you expect your future spouse to live by or aspire to. Rank these in order of Importance to you.

---

---

---

D. List five expectations you think your future spouse will expect you to live by or aspire to.

---

---

---