

How Do I Live Out My Faith

Jesus asked the apostles, “Who do you say I am?” It is a question we all need to answer for ourselves. Prayer is an important vehicle enabling people to discover Jesus.

How do you think marriage will affect your prayer life? To find out, rank how often you anticipate you will want to engage in the following faith expressions by marking the appropriate box. Then answer the questions below the table.

FAITH EXPRESSIONS	NEVER	OCCASIONALLY	FREQUENTLY	ALWAYS
Morning prayers				
Going to Mass				
Reading and Reflecting upon the Bible				
Quietly and privately praying				
Going on a retreat				
Taking a religious education class				
Spiritual reading				
Praying at meals				
Receiving the sacrament of reconciliation				
Praying with me spouse (fiancee)				
Serving the poor or needy				

1. Which of the above activities do you engage in now? _____

 2. Which of the above activities do you not engage in now, but would like to? _____

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