

Pre-Kindergarten Prayers & Practices

The Sign of the Cross - Making the Sign of the Cross proclaims who we are ...
In the name of the Father, and the Son, and the Holy Spirit. Amen

How to use a Holy Water font - Dip your finger tips in the Holy Water and make the Sign of the Cross (this is a reminder of your Baptism).

How to genuflect before the Blessed Sacrament - Kneel down on your right knee only and then get back up.

How to reverence the altar before entering the church pew –

Pause before entering the pew, put your hands by your sides, then make a slight bow. (Then go into your pew, kneel and pray)

The Lord's Prayer - Children should become familiar with the prayer, learning this by heart is not required until 1st Grade. Listen to this prayer at Mass.

Our Father, Who art in heaven, hallowed be Thy name.
Thy kingdom come, Thy will be done, on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass against us;
and lead us not into temptation, but deliver us from evil.
Amen.

Kindergarten Prayers & Practices

The Sign of the Cross

In the name of the Father, and of the Son, and
of the Holy Ghost.
Amen.

Lord's Prayer

Plus the Pre-Kindergarten Prayers

Praise Prayer

Give thanks to the lord,
for he is good,
for his mercy endures forever.
Amen.

First Grade Prayers & Practices

Glory Be

Glory be to the Father, and to the Son, and to the Holy Ghost.
As it was in the beginning, is now, and ever shall be, world without end.
Amen.

Lord's Prayer

Hail Mary

Hail Mary, full of grace! The Lord is with thee.
Blessed art thou among women, and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.
Amen.

Prayer To the Guardian Angel

Angel of God, my guardian dear,
To whom His love commits me here,
ever this day be at my side,
to light and guard, to rule and guide.
Amen.

Plus the Kindergarten Prayers

Second Grade Prayers & Practices

Act of Contrition

Jesus,
I am sorry for all my sins
because I have offended you,
myself and my neighbor.
With, your strength, one day at a time,
I will live my life as you want me to.
Amen.

The Ten Commandments

1. I am the Lord your God. You shall not have strange gods before me.
2. You shall not take the name of the Lord your God in vain.
3. Remember to keep holy the Lord's Day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's good

Plus the First Grade Prayers.

The Great Commandment

"You shall love the Lord your God with all your heart,
with all your soul,
with all your strength,
and with all your mind,
and your neighbor as yourself.

Liturgy Of The Word

First Reading
Responsorial Psalm
Second Reading
Gospel Acclamation
Gospel Reading
Homily
General Intercessions

Liturgy Of The Eucharist

Preparation of the Gifts
Eucharistic Prayer
Distribution of Communion

Third Grade Prayers & Practices

The Apostle's Creed

I believe in God, the Father Almighty, Creator of heaven and earth.
I believe in Jesus Christ, His only Son, Our Lord
He was conceived by the power of the Holy Spirit,
and born of the Virgin Mary.
He suffered under Pontius Pilate, was crucified, died, and was buried.
He descended to the dead. On the third day He arose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.
I believe in the Holy Ghost, the Holy Catholic Church,
the communion of saints, the forgiveness of sins,
the resurrection of the body, and life everlasting.
Amen.

The Mysteries of the Rosary

The Joyful Mysteries

1. The Annunciation
2. The visitation
3. The Nativity
4. The Presentation of Jesus in the Temple
5. Finding Jesus in the Temple

The Glorious Mysteries

1. The Resurrection of Jesus
2. The Ascension of Jesus
3. The Descent of the Holy Spirit on the Apostles
4. The Assumption of Mary
5. The Coronation of Mary

Plus the First & Second Grade Prayers & Practices

The Seven Sacraments

1. Baptism
2. Eucharist
3. Confirmation
4. Reconciliation/Penance
5. Anointing of the Sick
6. Holy Orders
7. Matrimony/Marriage

The Marks of the Church

1. ONE
2. HOLY
3. CATHOLIC
4. APOSTOLIC

The Sorrowful Mysteries

1. The Agony in the Garden
2. The Scourging of Jesus
3. The Crowning of Thorns
4. Jesus Carries His Cross
5. The Crucifixion

The Luminous Mysteries

1. The Baptism of Jesus
2. The Miracle at Cana
3. Proclamation of the Kingdom
4. The Transfiguration
5. The Institution of the Eucharist

Fourth & Fifth Grade Prayers & Practices

The Beatitudes (Matthew 5:1-12; Luke 6:20-23) [CCC, #1716]

1. Blessed are the poor in spirit, for theirs is the kingdom of heaven.
2. Blessed are those who mourn, for they will be comforted.
3. Blessed are the meek, for they will inherit the earth.
4. Blessed are those who hunger and thirst for righteousness, for they will be filled.
5. Blessed are the merciful, for they will receive mercy.
6. Blessed are the pure in heart, for they will see God.
7. Blessed are the peacemakers, for they will be called children of God.
8. Blessed are those who are persecuted for righteousness sake, for theirs is the kingdom of heaven

Moral Practices - The Corporal and Spiritual Works of Mercy are actions we can perform that extend God's compassion and mercy to those in need.

Corporal Works of Mercy (for the body) [CCC, #2447]

1. Feed the hungry.
2. Give drink to the thirsty.
3. Clothe the naked.
4. Shelter the homeless.
5. Visit the sick.
6. Visit the imprisoned
7. Bury the dead.

Spiritual Works of Mercy (for the spirit) [CCC, #2447]

1. Counsel the doubtful.
2. Instruct the ignorant.
3. Admonish the sinner.
4. Comfort the sorrowful.
5. Forgive injuries.
6. Bear wrongs patiently.
7. Pray for the living and the dead.

Receiving Holy Communion

1. To receive Holy Communion, you must be free from mortal sin. You must be sorry for any venial sin committed since your last confession. The penitential rite at the beginning of Mass is an opportunity to express your sorrow.
2. To honor the Lord, we fast for one hour before receiving Holy Communion. Fasting means going without food and drink, except water and medicine.
3. Catholics are required to receive Holy Communion at least once a year during Easter time. But it is important to receive Holy Communion often - if possible, at every Mass.
4. Usually, Catholics are permitted to receive Holy Communion only once a day. There are some exceptions, such as attendance at a wedding or funeral liturgy.

Sacrament of Reconciliation and Penance

A. Individual Rite of Reconciliation

Welcome
Reading from scripture
Confession of Sins
Act of Contrition
Absolution
Closing Prayer

B. Communal Rite of Reconciliation

Greeting
Reading from Scripture
Homily
Examination of Conscience
Individual Confession & Absolution
Closing Prayer

Sixth, Seventh, & Eighth Grade Prayers & Practices

Holy Days of Obligation

- Christmas - December 25
- Mary, Mother of God - January 1
- Assumption - August 15
- All Saints - November 1
- Immaculate conception - December 8

Gifts of the Spirit

1. Wisdom
2. Understanding
3. Judgment
4. Courage
5. Knowledge
6. Reverence
7. Awe in the presence of the Lord

Precepts of the Church

1. The Precepts of the Church describe the minimum effort we must make in prayer and in living a moral life. All Catholics are called to move beyond the minimum by growing in love of God and love of neighbor.
2. Attend Mass and avoid unnecessary work on Sundays and Holy Days of Obligation.
3. Lead a sacramental life. Receive Holy communion frequently and the sacrament of reconciliation regularly (at least once a year during Lent-Easter time.)
4. Study Catholic teaching throughout one's life (especially in preparing for a sacrament).
5. Observe the marriage laws of the Catholic Church and give religious training to one's children.
6. Strengthen and support the Church: one's own Parish; the diocese, the worldwide Church and The Holy Father.
7. Do penance, including not eating meat and fasting from food on certain days of fast and abstinence.
8. Join in the missionary spirit and work of the Church.